

Kupol – cilmi baaritaan ku sabsan jewiga dugsiga qiimahiisa markey noqoto caafimaadka xagga wacyiga iyo fikirka dhallinyarada

KU SOCOTO WAALIDKA SHARCIYAAN MAS'UULKA AH



kupolstudien.se

Sidaan foomka u buuxi

Jawaabta foomka mashiin baa diiwanagalinaayo, sidaas daraadeed waa muhim inaa si sax ah loo buuxiyaa.

- Isticmaal qalin wanagsan oo ah ranjigiisa madow ama madow baluug. Iska ilaali qalin qoray.
- Jawaabtaada safafka loogu talagalay ku calaamadey. Iska ilaali inaa safafka la lagu calaamdeyay inaa ka baxdid ama dhowr saf wax ku qortid.

- Hadii ey suurtagaleyso istilaabka saar sanduuqyada gudahooda.

Sidaan:

MAYA sidan:

- Marka aad lambaro qoreysid, si wanagasan farta u qor.

Sidaan:

MAYA sidan:

- Hadii aad sanduuq qalad calamadeysid, sanduuqaas oo dhan ranjiyeey. Markaas mashiinka ma akhrinkaro.

Sidaan:

Wax su'aalo miyaa qabtaa?

Hadii aad rabtid inaa fahfaahin intaan ka badan ka heshid cilmi baaritaanka Kupol ama sidaa su'aalaha foomka uga jawaabi laheed, ku soo dhawaw oo la soo xiriir:

Elin Arnö ugu soo dir e-mail elin.arno@ki.se ama ka soo wac lambarka telefoonka 08-524 80 108.

Waaqiga aad gudahiisa ku soo jawaabaysid

Anaga waxa kaa codsaneynaa inaa foomka su'aalaha sida ugu dhaqsiyaha badan uga soo jawaabtid, dhowr maalmood gudahooda.

Galka dib soo celinta jawaabta iyo faranka boolada

Markaa adiga ka jawaabtid foomka su'aalaha iyo foomka oggolanshada waxa ku soo kala direysaa labada gal ama bashqadood oo lagu soo diray Qeybta warbixinta adiga baa intaa ka jeexdid meel dhiganeysid. Galalku ama bashqadahu faranka boolo ma kaaga baahna. Hadii aad wax su'aalo oo ku sabsan foomka su'aalaha ka qabtid ama cilmi baaritaanka fadlan hoostaan meesha ugu dambeyso ku soo qor.

Waa ku mahadsantahay ka qeyb-qaadashadaada!

Macluumaad oo quseeyo adiga oo waalidka mas'uulka ah

1. Maxa u tahay adiga canugaada oo fasalka 7 dhigto?

- Hoyo Aabbe
 Eddo aabe qabo Adeerka hooyo qabo
 Hoyo soo kursatay Aabbe soo kursatay
 Wax kale, waa maxay? _____

2. Yaa la nooshay adiga inta ugu badan isbuuca?

Dhowr jawaab baa calaamadeysan karta

- Carruurtaada iyo/ama dadka kale carruurtooda (ka jawaab xitaa su'aasha 3aad)
 Adiga ninkaada/xaaskeyga/saaxiibkeyga/qofka aan nolosha la wadaago
 Waalidkeyga/walaalaheyga
 Dadka kale oo qaangaar ah

3. Hadii aad la nooshay carruurtaada ama dadkale carruurtooda: Waa imisa carruur iyo waa maxay da'dooda?

Xisaabta ku dar carruurta oo xitaa oo ugu yaran kula nool kala bar waqtigooda adiga, xitaa canugaada oo dhigto fasalka 7

- canug oo da'dooda tahay 0 ilaa 5 sano
 canug oo da'dooda tahay 6 ilaa 12 sano
 canug oo da'dooda tahay 13 ilaa 19 sano
 canug oo da'diisa tahay 20 sano ama wixi ka badan

4. Da'daada

:

5. Jinsigaada: Nag Nin Wax kale

6. Waxbarashada oo ugu sareeyso oo aad adiga dhameystirtay?

Ogoow! Hal jawaab lee dalbo

- Waxbarasho ma aan soo dhigan
 Dugsiga hoose/dhexe, dugsiga dowlada ama wax la mid ah
 2 sano oo waxbarasho dugsiga sare ama dugsi shaqo barasho
 3 sano oo waxbarasho dugsiga sare
 4 sano oo waxbarasho dugsiga sare
 Waxbarasho jaamacadeed ama tacliinta sare oo dhammeen 3 sano
 Waxbarasho jaamacadeed ama tacliinta sare oo 3 sano ama wixi ka badan
 Waxbarasho kale, waa maxay? _____

9. **Wadankee baa adiga ku dhalatay?** _____
(hadii eysa eheen Iswiidhan, ka jawaab xitaa su'aalaha 10-11)

10. **Sanadkii aad Iswiidhan u soo guurtay?**

11. **Waa maxay sababta aad adiga Iswiidhan ugu soo guurtay?**

- Qoxootinimo/magangalyodoon
- Inaa waxbarasho ka dhigto
- Inaa ka shaqeeyo
- Qaraabo u ahay qof oo wadankaan qoxootinimo/magangalyodoon ku joogo (tusaale waalidkeyga, saaxibkeyga)
- Qaraabo u ahay qof kale (tusaale waalidkeyga, saaxibkeyga)
- Kafaalo-qaad
- Sabab kale, waa maxay? _____

12. **Miyaa adiga 12kii bilood oo ugu dambeyay, haba yaraatee ama haba badnaatee, ka qeyb-qaadatay si joogo u ah dhaqdhaqaaqo, oo aad la suubisay dadka kale oo badan?**

Tusaale ahaan isbortiga, musiiga/ruwaayad, waxbarasho koox ahaan, kulamo oo arrimo diimeed ku sabsan, kooxaha isla wada heeso, urur wax isla tolaan(shaqaan), urur siyaasadeed ama urur kale.

- Haa
- May

13. **Miyaa haysataa qof ama dhowr qof oo adiga aad ka helikartid caawinaad, sidaa uga bixikartid hadii adiga ey dhibaato ku qabsato?**

- Haa, markasto
- Haa, badanaa
- May, inta ugu badan ma haysto
- May, marnaba

14. **Miyaa adiga codeysay doroshoyinkii oo ugu dambeyay midkood (doroshada qaranka, gobalka ama doroshada degmada)?**

- Haa
- May

15. Ilaa heerkee baa ku kalsoontahay adiga xafiisyadaan/hey'addahaan oo dowlada?

Waxaa kaliya calamadeysaa safkasto hal meel lee.

	Aad u weeyn	Ilaa in weeyn	In aan badneyn	Marnaba may	Wax fikrad ah kama qabo
Isbitaalada	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Xafiiska adeega bulshada	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Booliiska	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Baarlamaanka qaranka	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dowlada qaranka	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Siyaasiinta degmadaada	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Fadlan istilaab saar jawaabta oo adiga kula wanagsan.

	Marnaba sax ma ahan	In badan bey sax eheen	Labada midna ma ahaan	Waa sax ilaa xad	Aad bey sax u tahay
16. Caadiyan waa lagu kalsoonaan kara bini'aadanka.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Bini'aadanka badana waa dad yaqaan xaqa oo dadka kale ma u isticmaalaan dantooda kaliya.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Canuga waalidkiisa kale

18. Miyaa la nooshahay adiga canuga waalidkiisa kale?

- Haa, xataa waqtiyada qaarkood
- May
- Haddii canuga oo laheen waalidkale (u gudub su'aasha 25aad)

19. Waxbarashada oo ugu sareeyso oo canuga waalidkiisa kale dhameystiray?

Ogoow! Hal jawaab lee dalbo

- Waxbarasho ma soo dhigan
- Dugsiga hoose/dhexe, dugsiga dowlada ama wax la mid ah
- 2 sano oo waxbarasho dugsiga sare ama dugsi shaqo barasho
- 3 sano oo waxbarasho dugsiga sare
- 4 sano oo waxbarasho dugsiga sare
- Waxbarasho jaamacadeed ama tacliinta sare oo dhammeen 3 sano
- Waxbarasho jaamacadeed ama tacliinta sare oo 3 sano ama wixi ka badan
- Waxbarasho kale, waa maxay? _____

22. **Wadankee baa asaga/iyada ku dhalatay?** _____
(hadii eysa eheen Iswiidhan, ka jawaab xitaa su'aalaha 23-24)
23. **Sanadkii asaga/ayada oo Iswiidhan u soo guuray?**
24. **Waa maxay sababta asaga/ayada oo Iswiidhan ugu soo guuray?**
- Qoxootinimo/magangalyodoon
 - Inaa waxbarasho ka dhigto
 - Inaa ka shaqeeyo
 - Qaraabo u ahay qof oo wadankaan qoxootinimo/magangalyodoon ku joogo (tusaale waalidkeyga, saaxibkeyga)
 - Qaraabo u ahay qof kale (tusaale waalidkeyga, saaxibkeyga)
 - Kafaalo-qaad
 - Sabab kale, waa maxay? _____
 - Ma garanaayo
 - Ayada/asafa kuma noola Iswiidhan

Macluumaad quseeya cunugaada

Su'aal kasta fadlan calaamadee khaanadda jawaabta saxda ah, Run ma aha, Waxbaa run ah, Run xaqiiqa ah. Way na caawinaysaa haddii aad su'aalaha ka jawaabtid intii karaankaaga ah xataa haddii aadan si cad u hubin. Fadlan na sii jawaaba ku salaysan habdhaqanka ilmahaaga aad ku aragtay lixdii bilood ee la soo dhaafay.

	Run ma aha	Waxbaa run ah	Run xaqiiqa ah
25. Tixgeliya dareenka dadka kale	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26. Fud-fudud, aad u firfircon, aan fadhin karin wax badan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
27. Badanaa ka cawda madax xanuun, calool xanuun ama jirro	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
28. Caruurta kale isagoo ogol la wadaaga alaabta sida toyga, macmacaanka, qalmaanta	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
29. Badanaa xanaaqa	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
30. Gooni u socod ah, doorbida inuu keligii ciyaaro	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
31. Guud ahaan edeb leh, caadiyan ka yeela waxa ay dadka waaweyn ka codsadaan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
32. Welwel badan ama u muuqda mid walaacsan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
33. Waxtar leh, kaalmeeya qofkii ay gaarto waxyeello, ama xanuun	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
34. Dhaqdhaqaaq joogta sameeya ah ama xasiloonayn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
35. Ugu yaraan leh hal saaxiib fiican	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
36. Badanaa la dagaallama ama xoog sheegta caruurta kale	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Run ma aha	Waxbaa run ah	Run xaqiiqa ah
37. Badanaa aan faraxsanayn, isku buuqsan ama illin badane ah	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
38. Inta badan ay carruurta kale jecel yihiin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
39. Si sahal ah loo jeedin karo, dhugashadiisu aysan sugnayn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
40. Qalooda, kalsoonidu sahal uga lunto	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
41. U naxariista caruurta ka da'da yar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
42. Badanaa been sheega ama wax khiyaameeya	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
43. Inta badan ay maagaan ama canaadaan caruurta kale	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
44. Badanaa gacan u fidiya dadka kale sida waalidkiis, macalimiintiisa, iyo caruurta kale	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
45. Ka fiirsada inta uusan ficil samayn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
46. Wax ka xada guriga, iskuulka ama meelo kale	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
47. Dadka waaweyn heshiis la ah marka loo eego caruurta kale	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
48. Cabsi badan, si dhib yar loo cabsigelin karo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
49. Feejignaantiisu fiican tahay, shaqada ama casharrada loo diro dhammaystira	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50. Ma jiraan welwel kale oo aad ka qabtid ilmahaaga?			

51. Guud ahaan, ma aaminsan tahay inay ilmahaaga dhibaato ka haysato dhinacyadan: dareenka, dhugashada, hab-dhaqanka ama la macaamilka dadka kale?

Maya	Haa- dhibaatooyin sahlan	Haa- dhibaatooyin dhexdhexaad ah	Haa- dhibaatooyin halis ah
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Hadii aad "May" ku jawaabtay, toos ugu gudub su'aasha 56

52. Intee in le'eg ayey dhibaatooyinkan soo jireen?

Bil ka yar	1-5 bilood	6-12 bilood	Sanad ka badan
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

53. Dhibaatooyinkan ilmaha ma u keenaan welwel?

Maya	Wax yar	Qiyaas dhexdhexaad ah	Wax badan
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

54. Dhibaatooyinkan ilmahaaga nolol maalmeedkiisa ma ka faragaliyaan dhinacyadan?

	Maya	Wax yar	Qiyaas dhexdhexaad ah	Wax badan
NOLOSHA GURIGA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SAAXIIBTINIMADA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
WAXBARASHADA FASALKA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HAWSHA WAKHTIGA FIRAAQADA LA QABTO	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

55. Dhibaatooyinkan culays ma ku saaraan adiga ama guud ahaan qoyska?

Maya	Wax yar	Qiyaas dhexdhexaad ah	Wax badan
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Fadlan istilaab saar jawaabta oo adiga islee dahay waa sax.

	Marnaba sax ma ahan	In badan bey sax eheen	Labada midna ma ahaan	Waa sax ilaa xad	Aad bey sax u tahay
56. Canugeyga waa siiyaan fursad oo ku hadlikaro, hadii aan xita igu raacsaneen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
57. Aniga waa xushmeeyaa canugeyga fikradihiisa	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
58. Anaga qoyskeyga waan isa siinaa waqti aan fikradaheena ku kala dhageysano	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Marnaba Marmar dhifa ah Marmar Inta ugu badan Markasto

59. Miyuu asaga/ayada gurigaa kaaga sheekeya sidaa uu maadooyinka dugsiga ku yahay – oo fasalka uu hada dhigto?
60. Miyaa asaga/ayada gurigaa kaaga sheekeya waxyaabaha dugsiga oo kala kulmo (hadii uu mitixaamedii ku baasay, xiriirka canuga iyo macaliiminta idin ka dhaxeyo, iyo wixi la mid ah)?

Marnaba Marmar dhifa ah Marmar Inta ugu badan Markasto

61. Miyuu canugaada waxyaabaha qaarkood oo la soo kulmo xilliga firaqaada ka qarsadaa?
62. Miyuu canugaada waxyaabaha qaarkood oo soo suubisiyo fiidadka/habeenada iyo maalmaha fasaxa kaa qarsadaa?
63. Hadii oo canugaada hal habeen oo bannaanka ku maqanyahay, miyuu kaaga warbixiya waxyaabihii oo la soo kulmay?

64. Ilaa hada, ilaa heerke baa adiga ku qanacsantahay canugaada waxbarashada oo dugsiga ka helo?

Maba qanacsani

Aad u qanacsanahay

1 2 3 4 5 6 7

65. Side baa adiga u aragtaa in dugsiga canugaada oo u diyaarinaayoo nolosha shaqada oo mustaqbalka?

Marnaba si aan wanagsaneen

Si aad u wanagsan

1 2 3 4 5 6 7

Ilaa heerke bey adiga arrimahaan muhim kuu yihiin in oo canugaada muhim u arko:

66. In oo helo shaqo oo waqti dhan dugsiga sare kadib

Marnaba saas muhim ma u ahan						Aad bey muhim u tahay
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Ilaa heerke bey adiga arrimahaan muhim kuu yihiin in oo canugaada muhim u arko:

67. In waxbarashada ka sii dhigto jaamacada dugsiga sare kadib

Marnaba saas muhim ma u ahan						Aad bey muhim u tahay
1	2	3	4	5	6	7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Marnaba sax ma ahan	In badan bey sax eheen	Labada midna ma ahaan	Waa sax ilaa xad	Aad bey sax u tahay
68. Aniga waxa rajeynaayaa inuu canugeyga waxbarashada sii wato dugsiga saare kadib	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
69. Aad bey muhim u tahay inuu canugeyga waxbarashada sii wato markii dugsiga saare oo dhameeyo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
70. Dugsiga waa muhiim siduu canugeyga mustaqbalka u gaarikaro hadafka noloshiisa	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
71. Waxbarashada canugeyga fursado badan bey i siindoonta	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

72. Aniga waa ku rajo
weey nahay
mustaqbalka
canugeyga

73. Ilaa heerke baa adiga rabilaheed inuu canugaada waxbarashadiisa ka dhameystiro?

- Ma garanaayo
- Dugsi saare – Waxbarashada oo shaqo kuu diyaarineyso
- Dugsi saare – Waxbarashada oo waxbarasho kuu diyaarineyso
- Shahaado jaamacadeed

74. Ilaa heerke baa adiga u maleeyneysaa inuu canugaada waxbarashadiisa ka dhameystirodoono?

- Ma garanaayo
- Dugsi saare – Waxbarashada oo shaqo kuu diyaarineyso
- Dugsi saare – Waxbarashada oo waxbarasho kuu diyaarineyso
- Shahaado jaamacadeed

Fadlan istilaab saar jawaabta oo adiga kula saxan.

	Marnaba	Marmar	Inta ugu badan
75. Aniga waa u muujiyaa waxyaabaha uu ku wanagsanyahay iyo marmar oo dhif ah waxyaabaha uu ku wanagsaneen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
76. Aniga waa u muujiyaa inuu qiimo weeyn iigu fadhiyo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
77. Aniga waa u suubiyaan waxyaabo yaryar oo kuu dareensiyo inuu qof qaas ah ii yahay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
78. Aniga waa ku tusaa hadal iyo ficilba inaa kaa helno canugeyga	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
79. Aniga waa tusaa inaa jeclahay canugyega–waxkasto uu suubiyo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
80. Aniga waa ammaanaan canugeyga sabab la'aan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

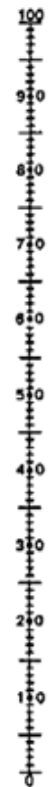
81. Sidee baa adiga ku arkikarta inuu qofkaan dhallinyarada ah uu horumar suubinooyo iyo inuu noloshiisa asaga/ayada ku guuleysanooyo dhammaan qeybaha nolosha? Sidee bey adiga kula tahay, siduu yahay ayada/asaga, waa side asaga/ayada dhaqankeeda?

Adiga caafimaadkaada guud

82. Ku calamadee hoos ilaa heerka uu caafimaadkaada wanagsanyahay ama uu liito maantaadan la joogo.

Hadii caafimaadka heerka ugu wanagsan lagu calamadeeyay 100, caafimaadka heerka ugu darana lagu calamadeeyay 0:

Heerka
cafimaadka ee ugu
heer sareeya



Heerka
cafimaadka ee
ugu liita

83. Miyaa mar un noloshaada cabtay sigaar maalinkasto muddo gaareyso ugu yaran 6 bilood?
- May (u gudub su'aasha 85)
- Haa

84. Miyaa waqtigaan oo hada la joogo sigaar cabtaa maalinkasto?

- May
 Haa. Qiyaas ahaan imisa sigaar baa maalintiiba cabtaa?

85. Miyaa mar un noloshaada u isticmaashay tubaako maalinkasto muddo gaareyso ugu yaran 6 bilood?

- May (u gudub su'aasha 87)
 Haa

86. Miyaa waqtigaan oo hada la joogo isticmaashaa tubaako maalinkasto?

- May
 Haa. Qiyaas ahaan imisa xabo oo saanduuqa tubaakada baa isticmaasha isbuuciba?

87. Ilaa imisa jeer bey dhacdaa in adiga isla hal waqti cabtid khamri in u dhigmo ugu yaaran:

- Kala bar 1 dhalo oo khamriga culus
 - **ama** 2 dhalo oo khamriga canabka
 - **ama** 6 gasac oo khamriga (8 dhalo)
 - **ama** 12 dhalo oo khamriga fudud
- Waxa la dhihi kara maalinkasto (ugu yaaran 5 maalmood isbuuc kasto)
 Dhowr jeer isbuuciba (3-4 jeer isbuuc kasto)
 Marmar isbuuciba (1-2 jeer isbuuc kasto)
 2-3 jeer bishiiba
 1 jeer bishiiba
 1-6 jeer sanadkiiba
 Marnaba
 Ma cabbo khamri

Waa ku mahadsantahay ka qeyb-qaadashadaada! Foomka su'aalah ku soo dir galka oo jaawaabta lagu soo diro.