# KUPOL – a study of the school environment's importance for the mental health of adolescents

QUESTIONNAIRE FOR MATH TEACHER, GRADE 8

1/1

«ID»

# What is Kupol?

Kupol (an acronym in Swedish for "Knowledge on adolescents' mental health and learning") is a national research project conducted by researchers at the Department of Public Health Science at Karolinska Institutet in collaboration with Stockholm University and Uppsala University. The aim of Kupol is to investigate how the school pedagogical and social environment affects adolescent mental health. Your school is one of around 100 participating schools.

# Why am I being contacted?

As a math teacher in grade 8 we ask you to fill in a questionnaire. The questionnaire contains questions about your teaching methods and the social climate of the class. There is one questionnaire for every class/group in grade 8. When you have answered the questionnaire, put the questionnaire in the enclosed envelope and hand it to the school's administration. The school's administration will send the questionnaire to Karolinska Institutet.

## Thank you for your time!

If you have questions you are welcome to contact:

### Elin Arnö

Research coordinator, Karolinska Institutet

Phone number: 08 – 524 80 108 Email address: elin.arno@ki.se

For more information about Kupol, please visit kupolstudien.se

1/1

Sch	ool:	
Date	e:	
Nan	me of class/group:	
Nan	ne of teacher:	
You	u and the class	
1.	Are you a qualified math teacher?	
	☐ Yes	
	□ No	
2.	Are you:	
	☐ Permanently employed	
	☐ Temporarily employed	
3.	Do you work:	
	☐ Full time	
	☐ Part time	
Tea	aching methods in math	
		Sandara 2 Planasa
	ing an average week, to what extent do you use the following teaching methods in the wer in percentage.	is class? Please
4.	You show, explain and present	<u> </u>
5.	You have discussions together with the pupils	%
6.	The pupils work independently with something that you have instructed them to work on	%
7.	The pupils work independently and decide themselves what they work on	%
8.	The pupils work in pairs	1 %
9.	The pupils work in groups with the support of a teacher	<u></u> %
10.	The pupils work in group without teacher's support	
11.	Other teaching methods:	
		%

# Mark the alternative most true for how you teach math (in this class).

12.	How often do you have a specific goal for a class?
	□ Never
	☐ Seldom
	☐ Sometimes
	☐ Often
	☐ Always
13.	How often do you inform the pupils about the goal of the class?
	□ Never
	☐ Seldom
Ť	☐ Sometimes
	☐ Often
	□ Always
14.	How often do you and the pupils follow up on the goal of the class to see if it has been reached?
	□ Never
	☐ Seldom
	☐ Sometimes
	☐ Often
	□ Always
15.	How often do you explain the subject's knowledge requirements to the pupils?
	□ Never
	☐ Seldom
	☐ Sometimes
	☐ Often
	□ Always
16.	To what extent do the pupils understand and agree with the subject's knowledge requirements?
	☐ Not at all
	☐ To a small extent
	☐ Somewhat
	☐ To a large extent
	☐ To a very large extent
17.	How to do you communicate the subject's knowledge requirements to the pupils?
	You can mark more than one alternative.
	☐ Verbally, individually
	☐ Verbally, in group
	☐ Via email or letter
	☐ At parent-teacher conferences

The following questions concern your expectations on pupils' performances in math (in this class). Mark the alternative most true for you.

18.	How often do you communicate your expectations on pupils' performances to the pupils?
	☐ Every week
	☐ Every month
	☐ Every semester
19.	How do you communicate your expectations on pupils' school performances?
	You can mark more than one alternative.
	☐ Verbally, individually
	☐ Verbally, in group
	☐ Via email or letter
	☐ At parent-teacher conferences
20.	The pupils in this class have to achieve basic knowledge and skills before progressing to the next step.
	☐ Strongly disagree
	☐ Disagree
	☐ Agree
	☐ Strongly agree
	☐ Do not know
21.	It is my opinion that the all pupils in this class have the capacity to reach the knowledge requirements for obtaining grade E.
	☐ Strongly disagree
	☐ Disagree
	□ Agree
	☐ Strongly agree
	☐ Do not know
Ins	titutional activities
22.	Are there pedagogical activities when the class works together with other classes at the school?
	☐ Yes
	□ No
23.	Is thematic teaching used in this class?
	☐ Yes, entirely
	☐ Yes, partly
	□ No

# Social interaction in the class To what extent do you agree with the following statements: 24. In this class there are clear rules regarding order and conduct. ☐ Strongly disagree ☐ Disagree ☐ Agree ☐ Strongly agree Do not know It is very unusual that pupils in this class are late for class. ☐ Strongly disagree ☐ Disagree ☐ Agree ☐ Strongly agree ☐ Do not know Social conflicts are rare in this class. 26. ☐ Strongly disagree ☐ Disagree ☐ Agree ☐ Strongly agree ☐ Do not know 27. In this class, the relationships between teachers and pupils are good. ☐ Strongly disagree ☐ Disagree ☐ Agree

Thank you for your participation!

☐ Strongly agree☐ Do not know